

Petition to Publicly Fund Psychotherapy and Evidence-Based Mental Health Services in Ontario

To the Legislative Assembly of Ontario:

WHEREAS mental health is an essential component of overall health and well-being; and
WHEREAS the principles of the Canada Health Act are grounded in universality, accessibility, comprehensiveness, portability, and public administration; and
WHEREAS access to medically necessary mental health services remains uneven, with psychotherapy and evidence-based psychological treatments largely excluded from publicly insured health services when delivered outside hospitals or physician care; and

We the undersigned petition the Legislative Assembly of Ontario to:

1. Recognize psychotherapy and evidence-based mental health services as medically necessary;
2. Expand publicly insured coverage to include psychotherapy delivered by qualified regulated professionals;
3. Establish a Provincial Mental Health Coverage Framework that ensures equitable access and integrates mental health services into primary care and community health systems.

Name (printed)	Address (must include at least city/town or postal code)	Signature

Petitions to the Legislative Assembly of Ontario become publicly accessible documents.
This includes all signatory information (e.g. names, addresses, phone numbers, e-mail addresses).